

## PLUG YOUR FAVOURITE CATEGORIES INTO DIFFERENT DAYS OF THE WEEK.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Leftovers	Burgers and roasted veggies	Pasta	Burritos	Beans and greens	New Recipe	Soup and salad
Leftovers	Buddha bowls	Pasta	Burritos	Stuffed baked potatoes	Take out	Curry
Leftovers	Burgers and roasted veggies	Pasta	Burritos	Pizza	New recipe	Soup and Salad
Leftovers	Buddha bowls	Pasta	Burritos	Beans on toast	Take out	Curry

## CATEGORIES:

Tacos

Burritos

Pasta

Curry

Stir fry

Soup and Salad

Burgers and roasted veggies

New recipe

Take out

Beans and greens

Buddha bowls

Leftovers

Pizza

Stuffed Baked Potatoes

Additional favourites: